

Hindi

तो हम लोग में जैन हों तो हमारे में ऐसा एक शुरू होता है, जिसमें हम लोग एक हफ्ते के लिए एक हफ्ते। अगर सेप्टेम्बर के आसपास एक हफ्ते के लिए खाने खाते। यह वह जैन होता है कि दिन में जैन लोग का नाम जैन कितना एक हफ्ते के लिए खाना बंद करना लाए। कुछ ठीक नहीं होता है। ऐसा हम हमारे लिए इतना शायद अपने पहले से बैठे तो हमारे शरीर के लिए रद्दी ही होती है। इसके लिए हम लोग नहीं करते। हम लोग खाना खाते हैं। हम लोग पानी पानी तब तक वकील। हम लोग एक हफ्ते के लिए करेंगे और उसके हफ्ते के लास्ट डे पर हम लोग सब मिलेंगे। सारे काम देश छोड़कर पूरे एक बड़े कपड़े मिलेंगे। हम लोग फंसे क्या करेंगे नुकसान कर लेंगे सब कुछ हर एक चीज़ बंद हो जाएगी भी। हम लोग तीन घंटे 144 05:00 बजे लेके 08:00 बजे तक हम लोग भी प्रार्थना करेंगे। नौकरी करेंगे वर्क पीस हुई सड़क पर मच्छर बन जाता है। लोग शान से देखते हैं और इस फेस्टिवल को ऑपरेशन बुलाते हैं। एक आठ दिन का माहौल होता है आसपास।

English

I think this is going to be something that's not really applied to other families in India, I'm Jain, Jainism is a smaller religion within India. So we have our own separate festivals we, of course, celebrate festivals like Hindu festivals because that's just common. But for us there's this thing every year we do this, this is like a ritual of sorts where for one week we are expected to fast.

And by fast I mean just have water, but because that's a really tough thing to do you can't just go without food for a week unless you're used to it. A lot of Jain families don't actually follow that, they just tend to stick to Jain cuisine instead.

And at the end of this sort of eight-day fast, what happens is all big families gather, so we are nuclear families who would go to one family's house, all of us would gather. We would switch off our phones, we would basically turn off any electronic things, any electric things like the fan. I don't think you have a fan in the office, but yeah, we would turn off the fans, everything.

So it becomes super quiet and then we just pray for an hour, two hours, I would say. We just pray standing up, sitting down, wearing a mask, even before covid, we have to wear a mask, we wear white clothes. And after, it happens during the evenings around time of the sunset, it starts at around five, ends around so.

So if you're doing it in a really open space with a lot of windows, I'm sort of speaking in an architectural way because that's what comes to me. But you see the sun setting down, it's really calm, there's no noise other than the chants and it's really peaceful and that's sort of what we do every year.

I don't think we did it this year because of the pandemic or if we did, I'm not entirely sure because I was on a pretty long trip trying to come back to Hong Kong.

The entire eight-day thing is called Paryushan and I'm not entirely sure what the last day is called because I'm not really in touch with Jainism as much as the rest of my family, but yes, that is a thing we sort of celebrate do every year.